



November 2009

Clean Communication and Keen Creativity Monthly Tips

Topics: Workplace Jargon, What NOT to Do on a Sales Call and More...

Moving back to Texas from Colorado was a bit of shock to my system...and my wardrobe. While I deleted a great deal of flannel from my closet with the move, I still see the need for updates, tweaking and tossing.

But updating, tweaking and tossing are a constant activity for me in nearly every area of my life. Once I get my wardrobe set, I want to clean my garage. After my garage, it's my desk and paperwork. Then I move on to cleaning up the back bedroom (a.k.a. junk room), etc.

But it's all good. Without change, I believe we either go on auto pilot or walk around feeling unconsciously stifled in our lives.

Are you on auto pilot or feeling irritated by...something? Check out *A Quick Exercise to Help You "Let Go," An Apology Communicates Volumes* or *Encourage Your Creativity by Moodling*. Perhaps one of these posts will provide an "Aha" moment and new perspective as we move into a time of Thanksgiving, gratefulness and counting our blessings.

This season, I'm thankful for you and your readership. We're all in this together, so why not share information to make the journey easier? I would love to hear from you with suggestions for topics, ways this newsletter can be improved, or your general comments.

You can email me at Newsletter@MichelleZavala.com, or click "Leave a Comment" at the top of each entry. If you'd like to share a post with others, just click on the links at the bottom of each entry. Thanks for Reading!

A Quick Exercise to Help You "Let Go" (10/8/09)

Is it time to let go? Here's a quick exercise to help you decide what needs to change or go away.

Is Jargon Affecting Your Credibility and Communication? (10/13/09)

Workplace jargon is seeping into all areas of our lives. Are you guilty of taking jargon home with you?

What NOT To Do On A Sales Call (10/15/09)

Here's an example of how two to five minutes of your time can make all the

difference in experiencing success with sales calls.

The Secret to Effective Social Media Marketing (10/27/09)

Learn the secret to using social media marketing EFFECTIVELY.

An Apology Communicates Volumes (10/29/09)

Are you addicted to "Being Right"? The words "I'm sorry" and "I was wrong" can put relationships back on track -- FAST!

Encourage Your Creativity by Moodling (11/6/09)

Moodling, "long, inefficient, happy idling, dawdling and puttering," can refresh you and encourage your creativity to peek out from its hiding place.

Wishing you a Blessed Thanksgiving,



Michelle I. Zavala, Professional Writer
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About the Clean Communication and Keen Creativity Monthly Tips

The Clean Communication and Keen Creativity Monthly Tips eNewsletter is distributed during the first week of the month and offers communication and creativity/creative living tips. If you have a suggestion, feel free to email me at Newsletter@MichelleZavala.com.

Visit <http://blog.MichelleZavala.com> to reach the blog directly, or you can access the blog from the "My Blog" navigation at www.MichelleZavala.com.

Please forward this to colleagues or other business owners who would like to receive these monthly tips. To subscribe, click on the "Join my mailing list" link below or visit www.MichelleZavala.com.

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